

Thank You

To Our Supporters

Mascot Main Street:

Cincotta Chemist
Wilsons Cakes & Pies
Bakers Delight
AOZ Print and Graphics
Auto One – Mascot

O

Other Companies:

Commonwealth Bank - Mascot
Spotlight Alexandria
Woolworths - Mascot Central
South Sydney Juniors

If you would like to be a supporter of the Mascot Seniors, please contact us, we appreciate your assistance.

How to find us



Transport:

Free local bus pick-up available for Bingo on Mondays
Conditions Apply

All correspondence to:
The President,
Mascot Senior Citizens' Association
Cnr Aloha and Coward Streets

MASCOT 2020

or email:

mascot.seniorcitizens@gmail.com
Brochures sponsored by



MASCOT

Mascot Seniors

"For the young at heart"

Activity Centre for Seniors

Mobile: 0407 234 117



Since opening its doors in 1965 Mascot Seniors continues the tradition of providing a Centre for our seniors to enjoy fun activities and meet new friends.

We thank Bayside Council for recognizing the need for such a Centre and allowing us the opportunity to continue to provide this voluntary service to our community and beyond.

To all our members Thank You

Office Phone: 9693 2200
During activity times only
Website:

www.mascotseniors.com.au

Your Committee

President/Treasurer

Annette Gardner

Vice President/Secretary

Judith Bullivant

Web Master

Sybil Cumming

Committee Members

Lyle Underwood

Laurie Brown

Karen Kelly

Janet Beetles
(& Librarian)

Elina Poon

Trish Bedkober
& (Op Shop co-ordinator)

Jenny Eastwood

Julie Higgins

Our Activities

Weekly Timetable

Day	Activity	Time
Monday am Free local bus service	Bingo	10.00-11.30am New start time
	Line Dancing	First Timers 12-1pm Easy Class 1pm-2.30pm
Monday pm		
Tuesday am	Chair Yoga	9.30am - 10.30am
	CARDS Canasta/Bridge Boardgames	10.45am
Wednesday am	Line Dancing Experienced	10am-11.30am
Wed pm	Mahjong/Cards	12pm-4pm
Thursday	Table Tennis 3 Tables	10.30am- 1pm
Friday am	UKUELE With Lindy	9.30am -10.30am
	QUILT/KNIT Craft	10.45am
Saturday	LINE DANCING CANASTA	Easy class 10am-11.30 12pm-3pm
BUS TRIPS <i>Conditions</i>	INFORMATIVE TALKS	Special event luncheons

Photo Gallery



Line Dancing



UKULELE



CHAIR YOGA



MAHJONG & CARDS



Quilting, sewing, knitting
and all crafts



TABLE TENNIS 3 TABLES



BINGO

With free morning tea!



MONTHLY BUS TRIPS – CONDITIONS APPLY